

KNOWLEDGE IS YOUR SUPERPOWER

BBB UP FOR

WHAT IS MOGAD?

MOGAD is a rare autoimmune disease that impairs the central nervous system¹



Without proper intervention following the initial attack, patients with MOGAD may experience additional attacks^{9,10}

WHAT FRIENDS AND FAMILY OF PATIENTS WITH MOGAD NEED TO KNOW

MOGAD is considered an invisible disease. While they may not look sick, patients with MOGAD could be battling:

FATIGUE"

BRAIN **FOG**¹²

PAIN¹³

ANXIETY OR DEPRESSION¹⁴

- Severity of MOGAD symptoms can fluctuate \rightarrow day-to-day¹⁵
 - Your loved one may feel well one day and struggle the next, which can bring uncertainty for both them and those around them

It's important for caregivers, family, and friends to listen and provide emotional and physical support, especially during attacks and recovery periods

4 POWER MOVES TO ADVOCATE FOR YOUR MOGAD CARE

Get the right diagnosis and share your symptoms

- It's vital to distinguish MOGAD from other disorders to receive appropriate care¹⁶
- Share all symptoms with your healthcare team, including how they impact your daily life
- If you have been diagnosed with another demyelinating disorder and treatments aren't effective, it could be time to reconsider your diagnosis

Seek early intervention upon diagnosis and symptom attacks

 This can help reduce the likelihood of further damage to the optic nerve/spinal cord/brain, additional attacks, and disability^{9,10}

3 Ask questions for shared decision-making

Feel empowered to ask your healthcare team questions,

ensuring your disease management goals are met, and have the confidence to address your concerns

Build your dream team and align care with your goals

 A team of diverse healthcare providers, such as neurologists, physical therapists, neuroophthalmologists, and psychologists, may help symptoms return to baseline

Ongoing clinical trial information

MOGAD: Myelin oligodendrocyte glycoprotein antibody disease.

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BECOME THE

SUPERHERO

IN YOUR

OWN STORY

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